

Sports Injuries and Concerns

ANY INJURY, CONCERN OR QUESTION REGARDING A HEALTH CONDITION RELATING TO ATHLETIC PARTICIPATION MUST BE BROUGHT TO THE ATTENTION OF NORTHWOOD'S ATHLETIC TRAINER, ANDY SEPULVEDA. It is imperative that any sports related injury/condition be brought to her attention. Andy can be reached at Andysepulveda@iusd.org. She can most often be found in the Training Room each day after school.