

## Sports Seasons

The sports calendar is divided into three seasons—Fall, Winter and Spring.

Fall sports include Cross Country, Football, Girls Golf, Girls Tennis, Girls Volleyball and Boys Waterpolo. Football and Cross Country start in mid-August and the other sports start right as the school year begins. The season runs through early November.

Winter sports include Boys and Girls Basketball, Boys and Girls Soccer, Girls Waterpolo and Wrestling. The season runs from the end of November through mid-February.

Spring Sports include Baseball, Boys Golf, Boys and Girls Lacrosse, Swim (co-ed), Track and Field (co-ed), Boys Tennis, and Boys Volleyball. The season runs from late February through early May.

Some sports offer off-season programs for students who wish to participate. Those students who are in sports that do not offer off-season classes will be enrolled in co-ed PE until their PE credits are fulfilled.